







## St Joseph's School Summer Holiday Activities 2023

To book please call or text David Wise on **07508063430** or email <u>david.wise@sjchs.uk</u>.

Places are limited and on a first come, first served basis. Payment by BACS ONLY (details on application). When booking please quote the following important details: Name, Date of birth, School, Medical issues, Contact number. Packed lunch and drinks required! Hot meals are also available at a cost of £5.00. PLEASE NOTE: Places are only guaranteed if payment is made BEFORE your chosen activity commences.



#### SPECIAL DISCOUNT!

If your child attends the following schools in our cluster please deduct £3.00 per session: Beckstone, Ashfield Juniors, Ashfield Infants, St Mary's, St Michael's, St Patrick's, Distington, Westfield, St Gregory's, Derwent Vale, Seaton Juniors, Our Lady and St Patricks

This also applies to students of St Joseph's Catholic High School



## PLEASE NOTE OUR CONTACT NO: - 07508063430

DATE	WEEK 1 ACTIVITIES 24th July to 28th July	COST	TIME
Mon 24 <sup>th</sup> July	WIMBLEDON TENNIS CAMP With Tennis firmly in the public gaze our traditional Tennis camp is back! 2 Days of fab and fun learning. Day 1 is skills day, learning the strokes and putting it all together!	£15.00 per day (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+
Tues 25 <sup>th</sup> July	WIMBLEDON TENNIS CAMP  Day 2 of our Tennis camp sessions and after a day of skill learning it's time to look at matchplay in singles, doubles and team form!	£15.00 per day (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+
Wed 26 <sup>th</sup> July Thurs 27 <sup>th</sup> July Friday 28 <sup>th</sup> July	MULTI SPORTS  3 days of different Sports. Wednesday is Athletics inspired, Thursday team Sports and Friday is Tag based games such as Kabaddi, Tag Rugby & End Zone	£15.00 (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+
Thursday 27 <sup>th</sup> July	LITTLE TWIGLETS FOREST SCHOOL*  An opportunity to be immersed in nature in a forest setting. Activities include, exploring, building dens, using tools, hunting for mini beasts, creating works of forest art and making fires. Little Twiglets Forest School's approach is child-led and play-based, the children's imaginations can run wild.  LIMITED TO 15 CHILDREN ONLY	£18.00 (£15 for discounted schools)	09.00am – 3.00pm only Ages 7 to 11 only

#### WRAP-AROUND CARE PACKAGE & HOT MEALS PROVISION

We also provide extended hours for your children. Each hour will be £3.00 in cost and if booking please remember to let us know what hours you would like. The main coaching will take place between the hours of 10am to 2pm as usual but we also offer a 9am to 10am slot as well as a 2pm to 3pm slot. Each of those hours will be designated "FREE PLAY" where children will be allowed to have a go at activities of their own choice under the supervision of our coaches. We can also provide HOT MEALS for your child. The meals, which cost £5.00 per child are prepared on site and comply with School health and nutritional standards. If requiring a hot meal please remember to let us know of any allergy and dietary requirements. A full menu for the 4 weeks will be available on request.









DATE	WEEK 2 ACTIVITIES 31st July to 4th August	COST	TIME	
Mon 31 <sup>st</sup> July Tues 1 <sup>st</sup> August Wed 2 <sup>nd</sup> August	3 DAY FOOTBALL CAMP  The Summer might be in full swing but all Footballers will be in pre-season training so what better way to get everyone excited about the new campaign?	£15.00 per day (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+	
Mon 31 <sup>st</sup> July Tues 1 <sup>st</sup> August Wed 2 <sup>nd</sup> August	GIRLS ONLY FOOTBALL CAMP  Three different days of Girls only Football. Monday is Ages 4 to 6, Tuesday 7 to 10 and Wednesday 11 and over.		10.00am - 2.00pm Ages 4 to 6 (Mon) Ages 7 to 10 (Tues) Ages 11+ (Wed)	
Tuesday 1 <sup>st</sup> August	MISS ZOE PRESENTSBARBIE!!!!  Age appropriate music and dance from the upcoming movie with the fabulous Miss Zoe!!	£15.00 (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 12 only	
Thursday 3 <sup>rd</sup> August	QUIDDITCH, TRIGOLF & CRAZY GOLF Design-your-own Crazy Golf course, learn the skills of TriGolf and indulge in the return of our fantastic Quidditch! Not to be missed!	£15.00 (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+	
Friday 4 <sup>th</sup> August	DODGEBALL DAY!!  Before we take our two week holidays we just have to finish with Dodgeball!!  Another day of Dodgeball variants, team challenges and loads of fun to round off the week!!	£15.00 (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+	

St Joseph's School are proud to be supporting the Cumbria County Council Holiday Activity and Food Programme (HAF) which provides fully funded positive activities and a hot meal for young people who are on free school meals or other vulnerable groups and we have 100 places available for each of our week-long activities (400 in total). To check if your child is eligible for this programme please click on the link below.

 $\frac{https://legacy.cumberland.gov.uk/childrensservices/childrenandfamilies/cfis/holidayactivity/holida}{yactivities.asp}$ 













DATE	WEEK 3 ACTIVITIES 21st to 25th August	COST	TIME
Monday 21 <sup>st</sup> August	CRICKET & ROUNDERS  A day of Cricket for the little ones (4 to 6) with those aged 7 and over having a go at all formats of Rounders including Kicky Rounders	£15.00 per day (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 (Cricket) Ages 7 to 10 Ages 11+
Tuesday 22 <sup>nd</sup> August	CRICKET & ROUNDERS  It's the turn of the older ones (7 and over) for Cricket today with lots of variants of the sport. The little ones (4 to 6) will be playing Rounders & Kicky Rounders	£15.00 (£12 for discounted schools)	10am - 2.00pm Ages 4 to 6 (Rounders) Ages 7 to 10 Ages 11+
Wednesday 23 <sup>rd</sup> August	RACHEL MORGAN PRESENTS THE LITTLE MERMAID The awesome Miss Rachel is back with a day of songs and dances from the Disney hit musical.	£15.00 (£12 for discounted schools)	10.00am – 2.00pm Ages 4 to 11 only
Wednesday 23 <sup>rd</sup> August	OLYMPICS DAY Discus, High Jump, Long Jump, Triple Jump, Shot Put, Sprints, Relays, Long Distance A day of team Olympics action	£15.00 (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+
Thursday 24 <sup>th</sup> August	RACHEL MORGAN PRESENTS BE A POP STAR FOR THE DAY!!!! An amazing day of dance routines and hit songs from the charts over the decades!!	£15.00 (£12 for discounted schools)	10.00am – 2.00pm Ages 4 to 11 only
Thursday 24 <sup>th</sup> August	DISCGOLF, ULTIMATE FRISBEE & FOOTGOLF Have a go at our fab DiscGolf and FootGolf courses then take on other teams at the amazing Ultimate Frisbee!!!!	£15.00 (£12 for discounted schools)	10:00am- 2:00pm Ages 4 to 6 Ages 7 to 10 Ages 11+
Friday 25 <sup>th</sup> August	BAT & BALL DAY Table Tennis, Squash, Hockey, Floorball, Rounders, Tennis, Badminton, Pickleball basically everything bat and ball!!	£15.00 (£12 for discounted schools)	10:00am- 2:00pm Ages 4 to 6 Ages 7 to 10 Ages 11+

#### \*PLEASE NOTE:

Our day at Little Twiglets Forest School will be an amazing day of discovery, exploration and fun. There will be a Forest School Teacher present as well as an assistant member of staff. Parents and Guardians will have to take and pick up their children and children will have to take a packed lunch and drinks. Once booked on we will supply a list of items to bring and a list of what to/what not to wear. This is a 9am to 3pm only activity.

Little Twiglets Forest School is run from Riversmeet Community Woodland Gardens, Cockermouth. You can find the woods on the junction of St. Helen's St. and Castlegate Drive, near Cockermouth School.









### **DON'T FORGET TO ORDER YOUR FOOD!!**

Our fantastic School canteen staff will be on hand to provide a hot, nutritious meal for your child at a cost of £5.00 per day. This is entirely optional but can be ordered at any time from our menu which will be available on our School website or via email.

DATE	WEEK 4 ACTIVITIES 29th August to 1st September	COST	TIME
Tues 29 <sup>th</sup> August	BACK TO SCHOOL MULTI SPORTS  The last week of our camps is all about togetherness, teamwork and getting prepared for the new school year. Each day is a mix of team sports to get back into the old routine.	£15.00 per day (£12 for discounted schools)	10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+
Wed 30 <sup>th</sup> August	BACK TO SCHOOL MULTI SPORTS  Day 2 of out last week multi sports sees another mix of small sided team games with lots of leadership, tactical thinking and competitive action.  £15.00 (£12 for discounted schools)		10.00am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+
Thurs 31 <sup>st</sup> August	BACK TO SCHOOL MULTI SPORTS  Day 3 and another day of fab team action, competition, skills and fundamentals with a a huge emphasis on FUN!!  £15.00 (£12 for discounted schools)		10am - 2.00pm Ages 4 to 6 Ages 7 to 10 Ages 11+
Friday 1 <sup>st</sup> September	MISS ZOE PRESENTSSHREK THE MUSICAL!!  Join Miss Zoe to sing, act and create a fantastic musical with Shrek, Donkey, Princess Fiona and more	£15.00 (£12 for discounted schools)	10.00am – 2.00pm Ages 4 to 12 only
Friday 1 <sup>st</sup> September	DODGEBALL DAY!!  Of course! We have to round off the summer with old favourite!  Dodge, Catch and Throw your way around the court.  What a way to end the holidays!!	£15.00 (£12 for discounted schools)	10:00am- 2:00pm Ages 4 to 6 Ages 7 to 10 Ages 11+

#### Things you should know about our Sports Camps

Half term Holiday Activities are at St Joseph's Catholic High School, Harrington Road, Workington – unless stated on the activities timetable.

Things to bring – packed lunch, water (there is a water cooler, so bottles can be refilled throughout the activities), correct clothing including hats if hot weather, and adequate sun protection (to be applied at home).

Ages – all ages for activities are stated on the timetable beside the activity. All activities are covid secure.

PLEASE REMEMBER TO BRING YOUR FORM ON DAY 1 & LET US KNOW IF YOU CONSENT TO PHOTOS!









# **Booking Form**

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Name	Contact No & School	Medical Issues	Activities Booked & Cost	HAF PROGRAMME?
School website, on soo	cial media, on display boards aro child and use them in the ways do	ound the School and occasion	ohs of our participants. We use the nally in the local press. We would ot happy for us to do this that's no	like your consent
	Please tick the relevan	nt boxes and return this form	with your booking.	
am happy for the School to take photos of my child				
am happy for photos o	f my child to be used on the Sch	ool website		
am happy for photos o	f my child to be used on any Sch	nool social media		
am happy for photos o	f my child to be used on School	display boards		
am happy for photos o	f my child to be used in the local	press		

Why are we asking for your consent? You may be aware that there are new data protection laws rules that came into force in May 2019. To ensure we meet these new requirements we need to seek your consent on the use of photos of your child(ren). We really value the use of these photos and to be able to showcase what we do on our activities and we would really appreciate you taking the time to give your consent.

I am NOT happy for the School to take photos of my child